





Director's Desk

Elise Cole-Rogers, Site Director



With the change of daylight savings time, it is important to keep the bed-time routine the same. Sleep is important to help children learn, stay healthy, and being at the Dolton Early Learning Center on time. When a child arrives late, it causes a distraction in the classroom, can also be to them, and can cause them to miss out on important group time. Please make sure your child arrives on time and gets enough sleep so they can be successful at school.

Making Friends/Social Emotional Learning Children who do the best in school:

- Know how to make friends
- Can play with others
- Can control their feelings

That's why we work every day with your child/children to develop self-confidence, self-control, and the ability to make friends. In our classrooms, teachers can be heard saying "tell me what happened and why are you upset?", "look at Angel's face... can you tell she is angry?" and "who would like to set the table today?" These words help children understand the feelings of others and to feel good about themselves. By making similar comments, parents can also help children practice these skills and gain self-confidence.

Also, please remember to complete and return your weekly At-Home activities to your children's teacher.



UPCOMING EVENTS - MARK YOUR CALENDARS!

4/8 — 4/12/19 | Week of the Young Child

Thursday | 4/11/19 | Parent Committee Meeting and Individuals with Disabilities Education Act (IDEA) at 9 a.m.

Friday | 4/19/19 | Professional Development (closed)

4/22 — 4/26/19 | Spring Break (closed) **Tuesday** | **4/30/19** | Field Trip (TBD)