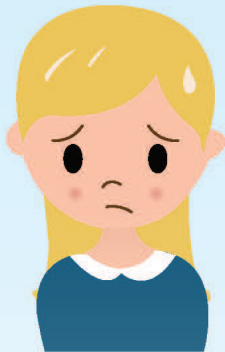


WHEN IS SICK TOO SICK FOR SCHOOL?



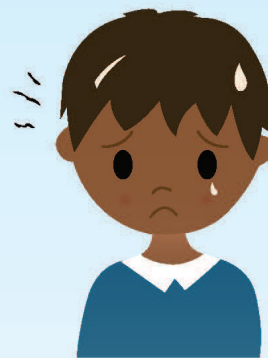
Send me to school if...

- I have a runny nose or just a little cough, but no other symptoms.
- I haven't taken any fever reducing medicine for 24 hours, and I haven't had a fever during that time.
- I haven't thrown up or had any diarrhea for 24 hours.



Keep me at home if...

- I have a temperature higher than 100 degrees even after taking medicine.
- I'm throwing up or have diarrhea.
- My eyes are pink and crusty.



Call the doctor if...

- I have a temperature higher than 100 degrees for more than two days.
- I've been throwing up or have diarrhea for more than two days.
- I've had the sniffles for more than a week, and they aren't getting better.
- I still have asthma symptoms after using my asthma medicine (and call 911 if I'm having trouble breathing after using an inhaler).



Adapted with permission from Baltimore City Public Schools.

★ **Catalina Torres, Parent Involvement Coordinator**

Around Town

PRAIRIE STATE COLLEGE

The GED program offers tuition free courses for individuals without a high school diploma who need to improve their basic skills in reading, writing, and math or prepare for the Illinois High School Equivalency exam. The first step is to register and take a free assessment to determine which classes best fit your educational needs. For more information about the exam, visit www.gedtestingservice.com. Classes begin: Monday, January 28, 2019. 16-17 year old students must provide documentation proving formal withdrawal from high school. For more information, call (708) 709-7931.

The English as a Second Language Program offers tuition free courses for individuals who are interested in improving their English proficiency or passing the U.S. Citizenship test. The first step to this process is to take an assessment and register for classes. If you need more information about the classes, visit the office A128 in the Adult Training and Outreach Center (ATOC). 16-17 year old students must provide documentation proving formal withdrawal from high school. For more information, call (708) 709-3790.

CHICAGO HOUSING AUTHORITY offers affordable rental housing opportunities. The CHA waitlists are open, apply at any time. For eligibility requirements and to place your name on a waitlist, visit www.thecha.org and click on APPLY FOR HOUSING. For questions or more information, call 312- 913-7400.

If you have needs, concerns or interest of any kind, but you do not know where to get the assistance, see your Family Engagement Specialist or Parent Educator, they will be able to refer you to get the service that will meet your expectations.